

## Northwest Training Ltd.

Our goal is to empower individuals seeking employment and self reliance , by providing quality services and information in a positive, respectful atmosphere.



*Northwest Training Ltd. has its roots in Northwest Counselling Centre.*

The two companies work together to provide a holistic approach to clients.

Northwest Training Ltd. focuses on employment and training needs while

Northwest Counselling Centre is a resource for consulting a professional for psychological needs

### EXECUTIVE DIRECTORS

Lynn Hughes

Lorna Sandhals

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Northwest Training Ltd.

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Northwest Training Ltd.  
delivers services for:  
The Province of British Columbia

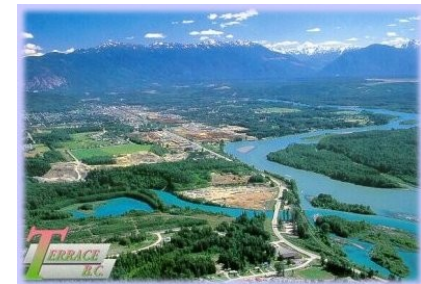


Funded in whole or in part through  
the Canada-British Columbia Labour  
Market Development Agreement



Northwest Training Ltd.

# Employment Assistance Services



*Terrace, B.C.*

## Employment Assistance Services

Visit our *Employment Centre* located next door to our Main office; to use job search self services, get assistance with your resume or use our fax/telephone to contact prospective employers.

Services are  of charge.

Make an appointment with a *Career Counsellor* to discuss your training needs or to work towards a competitive and focused resume.



These services are offered to all unemployed and underemployed Canadians who are legally entitled to work in Canada.

- ✓ **Career Planning**
- ✓ **Career Assessment**
- ✓ **Labour Market Information**
- ✓ **Employment Centre**
  - ~Fax /Telephone and Photocopier
  - ~Computer Lab with internet
  - ~Up to date Job Board
  - ~Resume Development
  - ~Resource Room Attendant
- ✓ **Resource Library**

Visit our website :

[www.northwestcareers.bc.ca](http://www.northwestcareers.bc.ca)

## "CAN YOU START MONDAY?"

Job Search & Employability Skills  
Workshops

### Week 1

- Getting Started
- Mining for Skills
- Resume Development
- Job Search Skills
- Interview Skills

### Week 2

- Personality Dimensions/Teamwork
- Communication Skills  
Part 1 and Part 2
- Conflict in the Workplace
- Employer/Employee Expectations
- And more.....

Please contact Northwest Training Ltd

To sign up or to find out more information  
on these workshops.